

# BELLINGHAM TOWN COMMON

## WALKING CLUB FOR BELLINGHAM SENIORS

EVERY WEDNESDAY

TIME: 10:00—11:00AM

MEET AT THE GAZEBO



Walkers will meet each Wednesday from 10:00am — 11:00am throughout the Fall. Suitable for ALL!!

Those with walkers/canes are encouraged to join as the Town Common has nicely paved walkways and benches to rest throughout the park.

# Walking Club



Please wear sturdy walking shoes for good balance, wear comfortable clothing & bring your own water bottle.

Please call Lisa Loo at the Bellingham Senior Center to reserve your spot (508)966-0398.