

# THE SPIRIT OF

# BELLINGHAM

*June 2022 Newsletter*

*From the Council on Aging*



# VOLUNTEERS

*Honoring those who help so much!*

There are approximately 50 Senior Center volunteers who, together, contribute more than 200 hours of work each month. They were all celebrated, and thanked, at a Volunteer Appreciation Dinner last month.

The pandemic delayed such a celebration for three years. But at the Coachmen's Lodge in Bellingham, the talk was of accomplishments in the past and opportunities in the future.

"When you look at all the events, programs, games, and activities that take place at the Senior Center and in our community, you wonder how it all gets done," observed Center Director Josie Dutil. "I'll tell you how... it gets done on the backs of countless, selfless volunteers. **Bellingham has the best of the best!**"

"After I retired," says volunteer Pat Gorman, "I needed something more in my life. Working with the supportive day program at the Senior Center, I help keep participants safe, happy, and active! **It is so rewarding in so many ways!** I look forward to my hugs and smiles! And I've been doing this for almost five years."

The celebration lasted more than two hours, with live music provided by Jeff Gamache who has worked for WNRI radio for 30 years. Attendees each received a colorful gift bag.

Volunteer Jane Malo describes her experience this way: "I currently deliver bags of groceries from the Franklin YMCA to Bellingham seniors in need, every week. I started volunteering at the Senior Center in March of 2020. I do this to let folks know that someone really does care about them. A smile, a friendly face and 'Hi, how are you doing?' works wonders! **Volunteering makes me very happy and gives me purpose. It feels like I make a difference.**"

"What we would like to express to all of you," said Dutil from center stage, "is a deep-seated appreciation for the abundance of your service. **We have done great things together and I sit in excited anticipation of all that we will continue to do in the future.**"

*Please see page two for photos from the celebration. If you would like to know more about volunteering at the Senior Center, then contact Assistant Director Terri Graham at (508) 966-0398.*

40 Blackstone Street • Bellingham, MA 02019 • **Phone: 508-966-0398** • Fax: 508-966-5843

Josie Dutil, Executive Director • [jdutil@bellinghamma.org](mailto:jdutil@bellinghamma.org) • [www.bellinghamma.org](http://www.bellinghamma.org)

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Bob Dubois, Don  
Boucher, Michael  
Mullaney, Arthur  
Linnell, Ed Nugent,  
Bob Greenhalgh,  
Jack Stuart, Miguel  
Morillo, and Wayne  
Goodale

## Celebrating Our Volunteers



**Our mission** is to provide support and leadership to our senior community through advocacy and by implementing educational, nutritional, recreational and wellness programs to meet their needs.

**508-966-0398 \* Our next public Board Meeting will be on June 14 at 11am**

### COA Officers and Board Members

*Chair:* Kay Page, *Treasurer:* Tina Tyler. *Secretary:* Brenda Griffin. *Board Members:* MingMing He, Glenna Laverdiere, Tsune Roberts, Wendy Wright,  
*Associate Members:* Steve Racicot, Dave Dunbar

Happy June -- Happy Father's Day,

Well ready or not we're almost halfway through the year! Wow -- we ask how is that possible... weren't we just in winter clothes and now it is summertime!? June brings us Father's Day, flag day, many birthdays (at least in my family) the beautiful June weddings, high school graduations, lovely flowers in bloom, school ending -- means family vacations can begin! Again, Happy Father's Day to all the dads. Hope you all have a great day! Whatever you are doing in June -- cookouts or celebrations, have fun!

**WALKING GROUP:** Senior walkers meet Fridays at 9am at the SNETT on Center St.

**CONCERT:** June 2 concert outside in the parking lot at the Senior Center so parking will be at the high school parking lot and a shuttle van bus will shuttle you to the Center and back to the high school. Mark Mandeville & Raianne Richards will be performing a variety of folk songs. They performed last year and were a big hit with the audience -- so if you missed last year come June 2.

**DONATIONS:** We are accepting donations for the upcoming yard sale and craft fair but please remember we cannot accept clothing, shoes or electronics. Please bring your donations to the Senior Center.

**PRESENTATION:** A presentation on Choosing a Nursing Home will be given by 2Sisters on June 10 at 11:00am at the Senior Center. Valuable information to be had and a great opportunity to ask questions!

**BOOK CLUB:** The June book club will be reading *Where Daffodils Bloom* by Leya Delray. Enjoy the book, it's based on a true story of a WWII bride and come to the Senior Center June 28 for the discussion!

**Remember, the COA is the eyes, ears and advocates for the senior community. If you have any suggestions, comments or concerns please call the Senior Center at (508) 966-0398.**

Thank you!

Kay Page, Chair



## Our Mission Statement

The mission of the Bellingham Council on Aging is to serve older residents, caregivers, and younger disabled people who are in need of services and referrals. Programs are developed to benefit these individuals as well as to educate our community about the needs of its elderly.

# News Briefs

**LIVE DRIVE-IN-CONCERT — with Mark Mandeville & Raienne Richards.** Let's enjoy some live music at the Senior Center with Mark and Raienne who have contributed their first decade to the legacy of American folk and country music, sharing emotively intelligent lyrics, unmistakable vocal harmonies, and a unique blend of instrumentation with audiences. June 2, 5pm. Call ahead!

**SHINE —** You can make a telephone appointment to speak with our SHINE representative, Jean Roy, by calling the Center at (508) 966-0398. Here are the dates she will be available this month: **June 15 and 29.** Appointments are 45 minutes long and are scheduled between 9am and noon; please call ahead or you can email Jean at [jmroy327@gmail.com](mailto:jmroy327@gmail.com)

**DRIVE-BY-LUNCHESES —** They continue this month — 11:30-12:30pm — Mondays, Wednesdays and Fridays provided by PJ's Bar & Grill. Reserve yours by calling the Senior Center. (If you live outside of Bellingham, then the lunch will be \$8.) No Drive-By-Lunches in July and August, hopefully back in Sept.

**WORLD ELDER ABUSE AWARENESS DAY IS JUNE 15** - If you or someone you know is being abused or neglected and are 60 years or older call: 1-800-922-2275.

**VETS —** Bellingham's VSO Dennis Pimenta can be reached at (774) 292-2437. His office hours are 2-4pm each Tuesday at Bellingham Town Hall, lower level.

**ZENTANGLE —** It's an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. You create tangles, or patterns, with combinations of dots, lines, simple curves, S-curves and orbs. New class with Helen Whiting on Mondays at 1pm starting June 13. It's FREE and all drawing supplies will be provided.

# Talent Search

The Senior Center is looking for qualified, inspired instructor-volunteers to lead a variety of new classes. **Would you be interested?** New classes might include foreign languages such as Italian, ukulele instruction, acrylic art, famous works of art, flower arranging, jewelry design, and nutrition. What have we missed? What would you like to share with Bellingham seniors? Please contact Terri Graham at [tgraham@bellinghamma.org](mailto:tgraham@bellinghamma.org) or call (508) 966-0398 to share your inspiration!

## Virtually yours

**Many in-person activities are available at the Center (see Calendar on the next page) and there are virtual ones, too, as noted below.**

**Mondays —** Spiritual Book Club, 9am. Discussions on *Mandella's Way* began on May 23, but it's never the wrong time to jump in!

**Thursdays —** Women's Wellness, 1:30pm

All via Zoom and free. Contact Terri Graham at (508) 966-0398 to sign up and to receive a weekly email listing all the Zooming opportunities.

## *June is...*

**Lesbian, Gay, Bisexual and Transgender Pride Month** (LGBT Pride Month) is celebrated annually in June to honor the 1969 Stonewall riots and works to achieve equal justice and equal opportunity for lesbian, gay, bisexual, transgender, and questioning (LGBTQ) Americans. Stay tuned for a new monthly event called "Rainbow Café."

Known to some as the country's "second Independence Day," **Juneteenth** celebrates the freedom of enslaved people in the United States at the end of the Civil War. For more than 150 years, African American communities across the country have observed this holiday in June.

**Alzheimer's and Brain Awareness Month** is declared each June by the Alzheimer's Association to help raise awareness about the disease.

# What's coming in June

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b><u>GRAB &amp; GO</u></b></p> <p><b><u>LUNCHES</u></b></p> <p><b>MONDAYS, WEDNESDAYS, AND FRIDAYS AT 11:30AM</b></p>	<p><b><u>Please note:</u></b> Program dates and times may change so call the Center to confirm all activities.</p>	<p><b><u>1</u></b> Billiards 8am – 4pm / Enhance Fitness (1) 8am; EF (2) 11:30am / Yoga 101 9:15am \$5 / Men's Group 10:30am at Devlin's / Motion to Music 10:45am / BINGO 1pm / Anyone can Paint 1pm</p>	<p><b><u>2</u></b> Billiards 8am-4pm / Bridge 9am / Intermediate Yoga 9:30am \$5 / Enhance Fitness (2) 11:30am / Bereavement Group 11:30am / Mahjong 1pm / FREE Concert 5-7pm</p>	<p><b><u>3</u></b> Billiards 8am-4pm / Enhance Fitness (1) 8am / Walking Club 9am / Cribbage 9am / Preventing Falls at Home 11am / Canasta noon</p>
<p><b><u>6</u></b> Billiards 8am—4pm / Enhance Fitness (2) 11:30am / Knitters &amp; Quilters 9-11am / Chair Volleyball 10am / Poker 1pm / Chair Exercise 1pm</p>	<p><b><u>7</u></b> Billiards 8am-4pm / Enhance Fitness (1) 8am / Yoga 10am \$3 / Memory Café 11:30am—12:30pm / Pitch 1pm / Diabetes Prevention 1pm</p>	<p><b><u>8</u></b> Billiards 8am – 4pm / Enhance Fitness (1) 8am; EF (2) 11:30am / Yoga 101 9:15am \$5 / Men's Group 10:30am at Devlin's / Motion to Music 10:45am / BINGO 1pm / Anyone can Paint 1pm</p>	<p><b><u>9</u></b> Billiards 8am-4pm / Bridge 9am / Intermediate Yoga 9:30am \$5 / Enhance Fitness (2) 11:30am / Mahjong 1pm / BESG cookout 4pm</p>	<p><b><u>10</u></b> Billiards 8am-4pm/ Enhance Fitness (1) 8am / Walking Club 9am / Cribbage 9am / Choosing a Nursing Home 11am / Canasta noon</p>
<p><b><u>13</u></b> Billiards 8am—4pm / Knitters &amp; Quilters 9-11am / Chair Volleyball 10am / Enhance Fitness (2) 11:30am / Zentangle 1pm / Poker 1pm / Chair Exercise 1pm</p>	<p><b><u>14</u></b> Billiards 8am-4pm / Enhance Fitness (1) 8am / Yoga 10am \$3 / COA Board meeting 11am / Pitch 1pm / Diabetes Prevention 1pm / Tech Corner 2:30pm</p>	<p><b><u>15</u></b> Billiards 8am – 4pm / Enhance Fitness (1) 8am; EF (2) 11:30am / SHINE 9am-noon / Yoga 101 9:15am \$5 / Men's Group 10:30am at Devlin's / Motion to Music 10:45am / BINGO 1pm / Legal Advice 2-4pm / Pop Up Pantry 3-4pm</p>	<p><b><u>16</u></b> Billiards 8am-4pm / Bridge 9am / Intermediate Yoga 9:30am \$5 / Enhance Fitness (2) 11:30am / Bereavement Group 11:30am / Mahjong 1pm</p>	<p><b><u>17</u></b> Billiards 8am-4pm / Enhance Fitness (1) 8am / Walking Club 9am / Cribbage 9am / Canasta noon / "Mad Vlad" 1pm</p> <p><b><u>18 Saturday</u></b> Blood Drive 9am-2pm</p>
<p><b><u>20</u></b> Senior Center will be closed.</p> 	<p><b><u>21</u></b> Billiards 8am-4pm / Enhance Fitness (1) 8am / Yoga 10am \$3 / Pitch 1pm / Diabetes Prevention 1pm / Financial Advice 2-4pm</p>	<p><b><u>22</u></b> Billiards 8am – 4pm / Enhance Fitness (1) 8am; EF (2) 11:30am / Yoga 101 9:15am \$5 / Men's Group 10:30am at Devlin's / Motion to Music 10:45am / BINGO 1pm</p>	<p><b><u>23</u></b> Billiards 8am-4pm / Bridge 9am / Intermediate Yoga 9:30am \$5 / Hearing Health 10am / Enhance Fitness (2) 11:30am / Mahjong 1pm</p>	<p><b><u>24</u></b> Billiards 8am-4pm / Enhance Fitness (1) 8am / Walking Club 9am / Cribbage 9am / Hearing Health 10am / Canasta noon</p>
<p><b><u>27</u></b> Billiards 8am-4pm / Knitters &amp; Quilters 9-11am / Chair Volleyball 10am / Enhance Fitness (2) 11:30am / Poker 1pm / Chair Exercise 1pm / Zentangle 1pm</p>	<p><b><u>28</u></b> Billiards 8am-4pm / Enhance Fitness (1) 8am / Yoga 10am \$3 / Pitch 1pm / Diabetes Prevention 1pm / Book Club 1pm</p>	<p><b><u>29</u></b> Billiards 8am – 4pm / Enhance Fitness (1) 8am; EF (2) 11:30am / SHINE 9am-noon / Yoga 101 9:15am \$5 / Men's Group 10:30am at Devlin's / Motion to Music 10:45am / BINGO 1pm</p>	<p><b><u>30</u></b> Billiards 8am-4pm / Bridge 9am / Intermediate Yoga 9:30am \$5 / Enhance Fitness (2) 11:30am / BESG lunch, B-day party, business meeting 12:00pm / Mahjong 1pm</p>	

# **Bellingham Elder Service Group**

Bill Eltzroth, *President*; Jim Fitzpatrick, *Vice President*;  
Ray Conklin, *Treasurer*; Gail Milgram, *Sunshine Lady*  
*Board Members*: Doreen MacLellan, Barbara Eltzroth, Tom Donnelly,  
Eva Gamache, Paul Arsenault, Jack Hamilton, Peg Brooks, and Linda Drohan

**The BESG office is located at the Municipal Center. Please call either the Senior Center at 508-966-0398 or the Town Hall at 508-657-2715 for specific dates and times.**

Greetings!

First of all, belated Happy Mother's Day to all the mothers! Don't know where my mind was last month. And before I forget... Happy Father's Day to all the dads.

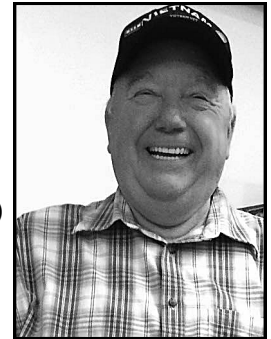
I like spring, just wish it would warm up a little. I don't know about everyone else, but COVID has made me a little lazy and the cool wind and weather lately hasn't helped.

April 28th marked our first combined business meeting and birthday party since the pandemic. This combined effort to get back together brought out a crowd! We even played crazy cards. This was also our annual meeting with the whole board of directors voted on by the membership.

I have heard from Pete Corriveau, former BESG board member, several times lately and she says "Hi!" to everyone. She also reports liking her new location down south.

To all of you who made donations... Thank You! My message is short this month to help make room for the four pages (9-12 of this issue) of Donations and Memorials.

Bill Eltzroth, President



## Choosing a Nursing Home

**2 Sisters Senior Living Advisors will be at the Senior Center on June 10 at 11am to answer your questions about Choosing a Nursing Home.**

You'll learn how to interpret staffing ratios and other performance data, find and read Department of Public Health survey deficiencies and citations, understand how MassHealth works in a nursing home and what's covered.

Find out what questions to ask and what to look for during the process of this very important decision. Choose with confidence the best care for your loved one.



**Register by calling the Senior Center at (508) 966-0398 or email Terri at [tgraham@bellinghamma.org](mailto:tgraham@bellinghamma.org)**

*As the Center's former Outreach Coordinator, Paola Echeverry has a unique perspective on the needs and contributions of seniors and she continues to generously share it with us every month.*

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*"I alone cannot change the world, but I can cast a stone across the waters to create many ripples."  
— Mother Theresa*

**After 30 years of dreaming about it**, I had the opportunity to take my scuba diving certification. To my total dismay, I realized that the idyllic surface was not so under the water. The 1.3 °F increase since the late 19th century due to the excessive carbon dioxide we are producing is dangerously stressing coral reefs worldwide, causing them to lose algae living there, bleaching the corals, and eventually killing them (National Oceanic & Atmospheric Administration).

Outraged by the industries causing greenhouse gases and global warming, I controlled my self-righteous urge to drown my charming diving partner, who coincidentally was a proud member of the oil industry in North America. Refreshed by the beautiful view on the surface and the possibility of a margarita, I calmly reflected and researched my possible contribution to the pitiful state of our planet.

According to the Nature Conservancy, **the average carbon footprint for a person in the US is about 16 tons**, one of the highest rates in the world. Globally, the average carbon footprint is closer to four tons (2013). That means 1.5 years of emissions weigh as much as the Statue of Liberty. To curb a lethal 2-degree rise in global temperatures, the average global carbon footprint per year needs to drop to under 2 tons by 2050 (The Nature Conservancy, 2013).

During the last couple of years, we heard from environmental NGOs, multilateral organizations, and lately from the public sector about the individual and collective strategies that can save every form of life on the planet. Why are we so slow to adopt and sustain some of those tactics? Why do they seem so burdensome? **Is there a way to wake up from our selfish slumber before it is too late for all of us? What is our role now?**

The more I think about it, the more convinced I am about **the immense opportunity for senior citizens to take a role as primary stewards of our environment**. Considering the growing trends within the population aged 65 and over in the USA, projected to reach 22% by 2050 (Census Bureau, 2014), we hold now, and even more so in a couple of years, a massive power determining the political agenda in Washington.

I have observed the state of hopelessness we can fall into after retirement. **Wouldn't promoting, restoring, and protecting our natural world and its living wonders bring a renewed and less self-centered meaning to our lives?** We think that when we reach around 50 years of age that we are an insignificant grain of salt, but as such, and together, we are deeply consequential. We are inter-connected to other beings, and our actions resonate with every living being on this planet. Each living being has an infinite value. **Now is our time to act;** it is our moral responsibility. Without us, our planet will lose its voice, beauty, and life as we know it.

# Vladimir Putin

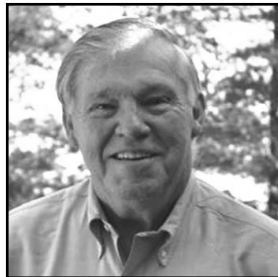
*"Corrupt, Competent, Brutal and Enigmatic"*

**The Russian dictator ("Mad Vlad") will be the subject of Henry Quinlan's presentation at the Senior Center on June 17 at 1pm.**

Between 1986 and 2018, Quinlan made more than 60 trips to the former Soviet Union and Russia. He owns a publishing company based in Massachusetts and has done business in Russia.

His presentation on Putin has been given 28 times this year. Feedback includes: "Remarkable!" "I see that Putin has two sides." "Very clear and succinct."

Quinlan writes: "The war is a tragedy but for now, Putin remains popular. There is a discussion of what could topple Putin. There is an examination of the policies and actions that could lead to a new "Cold War." Who would believe that Russia could be the leading food producer in the world in the future? But that is a real possibility. It is one of the results of Putin's competence."



**Please call the Senior Center to reserve your seat for this unique glimpse inside Vladimir Putin.**

# SENIORS SPEAK

*New to the newsletter this month — and, hopefully, every month hereafter — is an opportunity for seniors to speak in their own words. Below is Mingming He's contribution:*

"About twenty years ago I was having a stressful working life. I started to develop heart burn and took Prilosec OTC to deal with it.

"One day, I was in the supermarket walking around. 'What to eat?' 'What to buy?' I couldn't seem to digest anything. But when I passed the cabbage section, I felt a comfort feeling from my stomach. I stopped in amazement. I checked on other foods, but the comfort feeling was only strong when I was looking at the cabbage. So, I brought a cabbage home and made a soup from it. I remember making some Matzo balls for the soup. But don't remember other details after 20 years.

"It was Christmas time. I used this soup to feed a group of friends who came for caroling. Among us, most middle aged, there was a senior gentleman who seemed to be enjoying the soup very much. He said that the soup brought out his memories of his grandma. 'Mingming,' he said, 'my grandma used to make cabbage soup when I had an upset stomach.'

"Wow! Didn't I learn that the seniors know? Didn't I learn that our bodies know?"



Mingming He

*If you'd like to share a short story others could learn from, then please email it to Newsletter Editor Dave Dunbar at [ddunbar@bellinghamma.org](mailto:ddunbar@bellinghamma.org) or write it and drop it off at the front desk. Kindly include your name and phone number.*

# DONATIONS

**Thanks to all the thoughtful folks who have recently contributed, including:**

Betsy & Ana Gonzalez-Panizo

Patricia Mitchell

Miguel & Silvana Morillo

Lois Olivo

Nelson Osborn

Mona Paine

Dennis Trebino



# 2021 DONATIONS

## to the Bellingham Elder Service Group

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*Continued on next page*

# 2021 DONATIONS

## **to the Bellingham Elder Service Group**

**(continued)**

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# 2021 MEMORIALS

## **to the Bellingham Elder Service Group**

**EDWARD & ANNE ALBEE IN MEMORY OF CHRISTIAN ALBEE** LAURIER & CYNTHIA ALBERT IN MEMORY OF PRUDENCE FRENCH ELISE ANGELINI IN MEMORY OF JOHN ANGELINI MARION ANTONELLI IN MEMORY OF JOHN ANTONELLI JOANNE ARCAND IN MEMORY OF ERNIE TAFT JR. & DIANA & MARSHA CROOKS & ROLAND ARCAND TINA & PAUL ARSENAULT IN MEMORY OF WOODY TYLER & JANICE ARSENAULT JEANNINE AUCLAIR IN MEMORY OF DAVID AUCLAIR & WALLACE AUCLAIR LORRAINE BAIN IN MEMORY OF RUSSEL PEPIN, DONNA DONOVAN & "DUKE" BAIN KEN BAMBERRY IN MEMORY OF PETER BAMBERRY (SON)

**LORRAINE BARRY IN MEMORY OF THOMAS BARRY** RICHARD BARTELS IN MEMORY OF BARBARA BARTELS YVONNE BARTLETT IN MEMORY OF JOANNE ADAMS MARGUERETTE BAUER IN MEMORY OF DAVID BAUER JANET BAYER IN MEMORY OF WESLEY BAYER CHARLES & ROCHELLE BEAUREGARD IN MEMORY OF LUKE CHARLES & SETH BEAUREGARD ROBERT & DAWN BIRD IN MEMORY OF PAUL CAMERON (DUKE) BILL & ALICE BISSONNETTE IN MEMORY OF NICK & CINDY WINTER JUNE BOGAN & SUSAN LUCHESI IN MEMORY OF KEN BOGAN DOROTHY BOULAY IN MEMORY OF HARVEY BOULAY JEANNE BOURRE IN MEMORY OF ALVA BOURRE JR. & RICHARD BOURRE LISA BRAGDON IN MEMORY OF ESTELLE OURS ADELE BRYAN IN MEMORY OF HELEN BRYAN LYNN BRUCE IN MEMORY OF GERRY DAIGLE SR.

*(Continued on next page)*

# 2021 MEMORIALS

## to the Bellingham Elder Service Group

(continued)

**ELEANOR BURLINGAME IN MEMORY OF DON BURLINGAME** EDWARD & MICHELLE BUDRYS IN MEMORY OF WILLIAM & GERTRUDE THIBAUT LAWRENCE BURNS IN MEMORY OF GAIL BURNS HOWARD JR & DEBORAH BURR IN MEMORY OF MARY BURR, HOWARD BURR SR. & ROBERT & VIRGINIA CHASE PAUL CARCHEDI IN MEMORY OF PIETRO & MARY CARCHEDI JUDY CARLISLE IN MEMORY OF JIM PENDERGAST DOROTHY CATALANO IN MEMORY OF RICHARD CATALANO DONALD & ELEANOR CHARRON IN MEMORY OF CHARRON & SCANZILLO FAMILIES JANICE CHIAPPONE IN MEMORY OF JENNIE & JOSEPH CHIAPPONE JANE COLLINS IN MEMORY OF JOHN COLLINS PRISCILLA COMPTON IN MEMORY OF ROBERT COMPTON JOHN & CHRISTINE CONKLIN IN MEMORY OF JOHN & EMILY BASELER PRUDENCE COOK IN MEMORY OF CHARLES E. COOK

**PIERRETTE CORRIVEAU IN MEMORY OF J. EUGENE CORRIVEAU** ROBERT & HELEN CRAWFORD IN MEMORY OF NEVILLE MEEHAN MURIELLE CYR IN MEMORY OF BERNARD CYR LARRY DABARENER IN MEMORY OF JERRY REMY FLORENT "TEKE" DALPE IN MEMORY OF TERESA DALPE WILLIAM DAVIS IN MEMORY OF JOYCE DAVIS LAURA & MICHAEL DEMATTIA IN MEMORY OF KAY DETORE JOSEPH DESLAURIERS IN MEMORY OF MURIEL DESLAURIERS HELENA DETORE IN MEMORY OF ALFRED & KAY DETORE JOSEPH DIPIETRO IN MEMORY OF NORMA DIPIETRO MARYANNE DONAHUE IN MEMORY OF ROBERT P. DONAHUE & MARYCLARE BURKE JAMES DONALDSON IN MEMORY OF DOREEN DONALDSON LINDA DROHAN IN MEMORY OF ROBERT DROHAN JUDY DUCHARME IN MEMORY OF ALFRED DUCHARME KATHLEEN & LEO DUFRESNE IN MEMORY OF IRENE & DAVID DARLING THERESA DURGIN & MARCEL TARDIE IN MEMORY OF DEBORAH TARDIE JOSIE DUTIL IN MEMORY OF JOANNE DUTIL & PEG JASINSKI RICHARD & MARIETTE ELDREDGE IN MEMORY OF EMERSON & VIRGINIA ELDREDGE & ROBERT & MARIE VILLIARD ROBERT & INA ELDREDGE IN MEMORY OF KEVIN ELDREDGE WILLIAM & BARBARA ELTZROTH IN MEMORY OF JOAN LING WILLIAM & BARBARA ELTZROTH IN MEMORY OF EMERSON & VIRGINIA ELDREDGE

**GUY & SUZANNE FLUETTE IN MEMORY OF DAVID MANCINI** EDWARD FRIEDMANN IN MEMORY OF MONIQUE FRIEDMANN LORRAINE GAGNE IN MEMORY OF RENE H. GAGNE RICHARD & CAROL GANNON IN MEMORY OF KELLY CASWELL CHARLES GERRIOR IN MEMORY OF JEANNE E. GERRIOR JUDITH GIANNETTI IN MEMORY OF RICHARD GIANNETTI GERALD & SUSAN GIGUERE IN MEMORY OF ARTHUR THEROUX JEANNINE GOUBOUT IN MEMORY OF GOUBOUT FAMILY DECEASED PATRICA & WAYNE GOODALE IN MEMORY OF MOM & DAD TERRI GRAHAM IN MEMORY OF JANICE STEAD ANNA GROEMMER IN MEMORY OF OTTO GROEMMER SIGRID GUIDERA IN MEMORY OF DANIEL GUIDERA ROSEMAIRIE & FRANKLIN HALEY IN MEMORY OF HELEN BONFIGLIO PAUL HANLEY IN MEMORY OF MAUREEN HANLEY KATHLEEN HARVEY IN MEMORY OF KEVIN HARVEY MICHAEL & LINDA HEALY IN MEMORY OF GLORIA JENKES YVONNE JANOWSKI IN MEMORY OF LEONARD JANOWSKI WILLIAM & BARBARA KILROY IN MEMORY OF FAMILY FRIEND BILL KILROY

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*Continued on next page*

## **2021 MEMORIALS (continued)**

### **to the Bellingham Elder Service Group**

**CAROL MANDILE IN MEMORY OF STEPHEN MANDILE JR.** JEAN MARLBOROUGH IN MEMORY OF THOMAS MARLBOROUGH RON & CANDY MARTEL IN MEMORY OF HELEN & LEO MARTEL MARCIA MENDELL IN MEMORY OF GAIL BUCK (MOTHER) & STEVEN MENDELL (HUSBAND) DIANE MCDONALD IN MEMORY OF DENNIS MCDONALD A/P DONNA MOODY IN MEMORY OF GLENN MOODY BARBARA MOWRY IN MEMORY OF BOB MOWRY WAYNE & BARBARA MOWRY IN MEMORY OF BOB MOWRY LOUISE MUELLER IN MEMORY OF KENNETH MUELLER SANDRA NEELY IN MEMORY OF WALLY NEELY DIANE NEWMAN IN MEMORY OF HAROLD E. NEWMAN JR. JOHN & FRANCES NIOSE IN MEMORY OF JOSEPH & IRMA MURZYCKI & RITA & CHARLES BADZMIEROWSKI MONIQUE NOEL IN MEMORY OF MARCEL NOEL KARIN NOLAN IN MEMORY OF JOE NOLAN JOAN & CHARLES OLBRYNS IN MEMORY OF STELLA & JOHN CALLAHAN & CHARLES SR. & AMELIA OLBRYNS ETHEL LILLY PANISS IN MEMORY OF FERNANDO PANISS ELLEN PARENT IN MEMORY OF JoAn O'ROURKE & FRED SHERMAN JANICE PARENTEAU IN MEMORY OF LOUISE DUPRE SANDRA PAUL IN MEMORY OF LOUISE & GEORGE PLOUFFE DAVID PENEAU IN MEMORY OF JENNIE & EDDIE PENEAU MARY LOUISE PERRY IN MEMORY OF PAUL PERRY FOR 72 YEARS OF HAPPY MEMORIES PAUL PETER IN MEMORY OF CONNIE PETER CLAIRE PETRIN IN MEMORY OF PHYLLIS DALPE RALPH PIANTEDOSI IN MEMORY OF CAROLYN PIANTEDOSI & VICTOR PIANTEDOSI

**MARY PINET IN MEMORY OF ROBERT PINET & ARTHUR LEVESQUE** CAROLYN PRESCOTT IN MEMORY OF MARY CLAIRE BURKE ELAINE RACINE IN MEMORY OF GEORGE RACINE DAN & SUE RANIERI IN MEMORY OF DONALD & ELEANOR RANIERI DAVID & NANCY REIMELS IN MEMORY OF EDDIE WOODMAN JR. EVERETT ROE IN MEMORY OF MARY ELLEN ROE MARIE ROY IN MEMORY OF ROBERT ROY PHYLLIS RUSSELL IN MEMORY OF HENRY RUSSELL CAMILLE RUSSELL IN LOVING MEMORY OF MY BELOVED HUSBAND ROBERT M. RUSSELL, ALWAYS REMEMBERED, NEVER FORGOTTEN SANDRA SANTINI IN MEMORY OF GRUNO & LYDIA SANTINI BARBARA SHAW IN MEMORY OF EDWARD DAULEY EILEEN SHERLOCK IN MEMORY OF RICHARD SHERLOCK MURIEL SIMMONS IN MEMORY OF JOSEPH SIMMONS JOHN & MILLIE SIMPSON IN MEMORY OF RUTH & JOE KANE JOHN & DOREEN SLANEY IN MEMORY OF RON CYNNE JAMES STEAD IN MEMORY OF JANICE STEAD JUDITH SULLIVAN IN MEMORY OF TOM SULLIVAN PHYLLIS TAGLIAFERRI IN MEMORY OF KAY DETORE JEAN TATE IN MEMORY OF BOB TATE NANCY TAYLOR IN MEMORY OF JOHN TAYLOR

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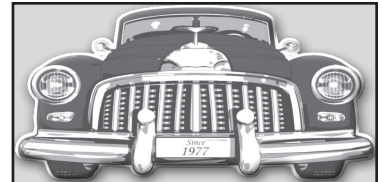
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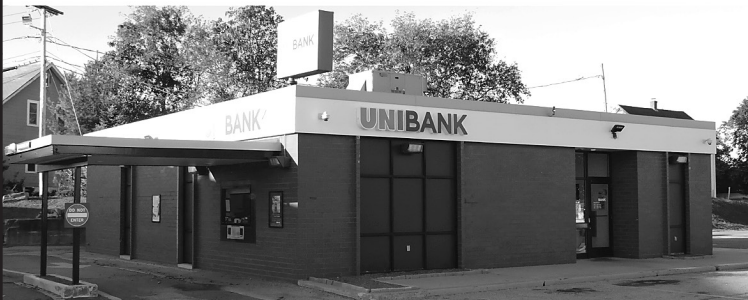
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**We offer activities and information for seniors.**

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**Page 3 — COA Monthly Report**

**Page 4 — Talent Search**

**Page 5 — June Calendar**

**Page 8 — Seniors Speak**

**Pages 9-12 — BESC's annual listing of  
Donations and Memorials**

**Read inside about all the new and continuing  
activities at the Senior Center.**

